

## Tongue Twisters

### **What is "Tongue Twisters" and why is it important?**

"Tongue Twisters" is an enjoyable activity that helps your child identify and learn initial letter/sound associations. This is an important part of learning to read.

### **How can I use "Tongue Twisters" with my child?**

Choose a "Tongue Twister" that contains a letter that has been introduced to your child. Say the "Tongue Twister" and have your child repeat it. You can have fun repeating the "Tongue Twister" very quickly until it becomes difficult to say. For example, you might choose the following to practice the consonant /b/ sound.

*Baby Bonnie burped busily*

Or you may choose a "Tongue Twister" that helps your child practice blends. Blends are two consonant sounds that slide together but can still be heard as individual sounds. For example a "Tongue Twister" that emphasizes the blend /bl/ sound is:

*Blond Blair's bluebells bloomed*

You can also write the "Tongue Twister" on a card and have your child identify the targeted consonant or blend.

## Tongue Twisters

Alanna's alligators ate apples

Baby belugas blow bubbles

Cathy creates cute cookies

Darling Daphne dances delightfully

Elegant Eloise eats eels

Funny Franny fries frogs

Gorgeous Gloria gobbles goodies

Heavy Harry heaves hay

Ingenious Imogene imagines ideas

Jolly Jackie jumps jubilantly

Klutzy Kit kisses kitties

Lucky Lucy licks lollipops

Marvelous Marvin makes mobiles

Nasty Nellie needs nickels

Opulent Oscar opposes opera

Perky Pat picks petunias

Quiet Queens quell quarrels

Robust Rosie runs rapidly

Silly Sally slides slickly

Tiny Tim trounces trolls

Ugly Ursula undoes umbrellas

Very vain Vincent vanished

Wide Willy wiggles wildly

Young Yolanda yelled yippee

Zany Zelda zippers ziplocks